

GONG BATH

Infuse Yourself With Sacred Sound

An unforgettable event to
Soothe, Inspire, Heal and Awaken your Spirit.

Monday, March 26th @ 7:30 pm

with Sound Pioneer and recording artist Richard Rudis (Sonam Dorje)



Sound Healing Gong Bath - Vibrational sound pioneer Richard Rudis (Sonam Dorje) returns to set the stage for this unique blend of sound and energy healing. Each participant is bathed with multi-tonal overtones and harmonic radios which will evoke tantric journeying and induce natural transformation - balancing mind, body and spirit.

Anticipate healings, awakenings and miracles.

\$ 20.00 in advance - 25.00 at door

*Please bring a blanket and floor mat to lay on.

(A selection of CD's and other sacred objects will be available for purchase.)

YogaNow
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